LATERAL CONNECT

The Importance of Cybersecurity Training to Ensure Business Continuity

Improve Cyber Resilience and Protect your Reputation

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With recent data breaches leading to regulatory fines, other technical issues, litigations or class action lawsuits, they all enforce the importance of the modern enterprise to be agile and to rapidly adapt their security strategies.

Cyber resilience vs. Cybersecurity

Cyber Resilience

The ability to limit the impact of security incidents by deploying and optimising appropriate security tools, your people and your processes. Cyber resilience also includes the ability to continuously strengthen your overall cyber defences in the face of adverse cyber threats, and learning from yours and other organisations past and present data breaches.

Cybersecurity

Having a cyber defence strategy which consists of technologies, people and processes that are designed to enforce policies and protect systems, networks, data, and IT infrastructure from cyber threats (e.g., malware, ransomware, hacktivism, malicious insiders).

Both of these are equally as important as one another, and will support and help strengthen an organisations business and cybersecurity strategy against cyber threats.